

Lu Moss Nelson, Ph.D.

Insurance Coverage Questions

I do not bill insurance directly; however, I will provide you with a Superbill at the time of service which will have all of the information necessary for your provider to reimburse you. Services may be covered in full or in part by your health insurance or employee benefit plan. Please check your coverage carefully by asking the following questions:

What is the name of the person answering your questions? _____

Date _____ Time _____

Contact Ph. _____ Extension _____

What kind of coverage do I have? HMO _____ PPO _____ POS _____ Other _____

Do I have mental health benefits? _____

What does it cover?

Inpatient _____ Outpatient _____ Individual _____ Marital _____ Family _____

Other _____

What is my deductible? _____ Has it been met? _____

How many sessions per calendar year does my plan cover? _____

What is the date of the beginning of the calendar year? _____

How much does my plan cover for an out-of-network provider? _____

What is the coverage amount per therapy session? _____

Is approval required from my primary care physician? _____